

September 2017 Biggs/Richvale Elementary Schools

LUNCH



Biggs Elementary School
300 B Street, Biggs, CA. 95917
530-868-1281



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



1
Peperoni Pizza & Carrots
Green Salad
Fruit & Veggie Bar

4
NO SCHOOL

5
Ham Sandwich & Baked chips
Green Salad
Fruit & Veggie Bar

6
Cheese Pizza & Carrots
Green Salad
Fruit & Veggie Bar

7
BBQ Pork Sandwich & coleslaw
Green Salad, Fruit & Veggie Bar

8
Orange Chicken over Rice
Green Salad
Fruit & Veggie Bar

11
Corn Dog & French Fries
Green Salad
Fruit & Veggie Bar

12
Beef Tacos w/ taco Bar
Green Salad
Fruit & Veggie Bar

13
Chicken Sandwich & Sweet Potato Fries
Green Salad, Fruit & Veggie Bar

14
Beef & Bean Burrito & Chips & Salsa
Green Salad, Fruit & Veggie Bar

15
w/g Pasta & Meat Sauce & a Bread stick
Green Salad
Fruit & Veggie Bar

18
PB&J & String Cheese
Green Salad, Fruit & Veggie Bar

19
Chili Dog & Fritos
Green Salad
Fruit & Veggie Bar

20
Turkey Sandwich & Tater tots
Green Salad
Fruit & Veggie Bar

21
Hamburgers & Tater Tots
Green Salad, Fruit & Veggie Bar

22
Mac N Cheese & a Bread Stick
Green Salad
Fruit & Veggie Bar

25
Chicken Nuggets & Green Beans
Green Salad
Fruit & Veggie Bar

26
Sloppy Joe Sandwich & co French Frys
Green Salad, Fruit & Veggie Bar

27
BBQ Chicken Sandwich & Corn
Green Salad, Fruit & Veggie Bar

28
Cheese Pizza & Carrots
Green Salad
Fruit & Veggie Bar

29
Fish N Chips
Green Salad
Fruit & Veggie Bar