



**Biggs Elementary School**  
**300 B Street, Biggs, CA. 95917**  
**530-868-1281**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**Grill Cheese Sandwich & BBQ Chips**  
**Green Salad**  
**Fruit & Veggie Bar**

**Fish & French Fries**  
**Green Salad**  
**Fruit & Veggie Bar**

**Chicken & Black Bean Quesadilla w/ Refried Beans, Tortilla chips & Salsa**  
**Green Salad**  
**Fruit & Veggie Bar**

**Chicken Nuggets & Green Beans**  
**Green Salad**  
**Fruit & Veggie Bar**

**Ham Sandwich & Baked Chips**  
**Green Salad**  
**Fruit & Veggie Bar**

**Bean & Cheese Burrito w/ Refried Beans, Tortilla chips & Salsa**  
**Green Salad**  
**Fruit & Veggie Bar**

**Mac N Cheese & a Bread Stick**  
**Green Salad**  
**Fruit & Veggie Bar**

**Pulled Pork Sandwich & Coleslaw**  
**Green Salad, Fruit & Veggie Bar**

**Ground Beef Tostada w/ taco Bar & Refried Beans,**  
**Green Salad**  
**Fruit & Veggie Bar**

**Mini Corn Dogs & Tater Tots**  
**Green Salad**  
**Fruit & Veggie Bar**

**Peperoni Pizza & Carrots**  
**Green Salad**  
**Fruit & Veggie Bar**

**Hamburgers & French Fries**  
**Green Salad, Fruit & Veggie Bar**

**NO SCHOOL**

**Cheese Enchiladas w/ Refried Beans, Tortilla chips & Salsa**  
**Green Salad**  
**Fruit & Veggie Bar**

**BBQ Chicken Sandwich & Baked Beans**  
**Green Salad, Fruit & Veggie Bar**

**Hot Dog & Fritos**  
**Green Salad**  
**Fruit & Veggie Bar**

**Pulled Pork Sandwich & Coleslaw**  
**Green Salad, Fruit & Veggie Bar**

**Sloppy Joe Sandwich & Coleslaw**  
**Green Salad, Fruit & Veggie Bar**

**Chicken Fajitas w/ Refried Beans, Tortilla chips & Salsa**  
**Green Salad**  
**Fruit & Veggie Bar**

**PB&J & String Cheese**  
**Green Salad, Fruit & Veggie Bar**

