



Biggs Elementary School
300 B Street, Biggs, CA. 95917
530-868-1281



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

No School

1

Chicken Nuggets &
Green Beans
Green Salad
Fruit & Veggie Bar

2

Burrito, Chips & Salsa
Green Salad, Fruit &
Veggie Bar

3

Mini Corn Dogs & Tater
Tots
Green Salad
Fruit & Veggie Bar

4

Cheese Pizza & Carrots
Green Salad
Fruit & Veggie Bar

5

Chicken Sandwich &
Sweet Potato Fries
Green Salad, Fruit & Veggie
Bar

8

Taco pocket, w/ Beans
& taco Bar
Green Salad
Fruit & Veggie Bar

9

Calzones Pizza pocket &
Green Beans
Green Salad
Fruit & Veggie Bar

10

BBQ Riblet Sandwich &
Coleslaw
Green Salad, Fruit & Veggie
Bar

11

Mac N Cheese & a Brea
Stick
Green Salad
Fruit & Veggie Bar

12

Sloppy Joe Sandwich &
coleslaw
Green Salad, Fruit & Veggie
Bar

15

Ground beef taco
w/ taco bar, Chips & salsa
Bar, Green Salad
Fruit & Veggie Bar

16

Ham Sandwich & Baked
& Chips
Green Salad
Fruit & Veggie Bar

17

Corns Dog & Tater Tots
Green Salad
Fruit & Veggie Bar

18

Peperoni Pizza & Carrot
Green Salad
Fruit & Veggie Bar

19

w/g Pasta & Meat Sauce
& a Bread stick
Green Salad
Fruit & Veggie Bar

22

Grilled Chicken Tostada
w/ Beans & taco Bar
Green Salad
Fruit & Veggie Bar

23

Hamburgers & French
Fries
Green Salad, Fruit & Veggie
Bar

24

Orange Chicken Teriyaki
over Rice
Green Salad
Fruit & Veggie Bar

25

Fish N Chips
Green Salad
Fruit & Veggie Bar

26

PB&J & String Cheese
Green Salad, Fruit & Veggie
Bar

29

Turkey Fajitas w/ Bean
& taco Bar
Green Salad
Fruit & Veggie Bar

30

Pulled Pork Sandwich
& Tater tots
Green Salad, Fruit & Veggie
Bar

31

